

Psychodrama-Institut für Europa e.V. PIfE



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Training / Further Education as Psychodrama – Assistant / Psychodrama – Therapist/ Psychodrama – Leader or Psychodrama – Director

The following regulations were formulated by the executive board and discussed and ratified during the international committee on 14-9-2007. They are valid for the Psychodrama institute for Europe e.V. and its member organisations. They are the basis for the issuing of a final certificate. They will become effective as of 1-10-2007.

A list of the training-hours can be seen in the appendix.

The training consists of four sections:

1. Introductory Level
2. Elementary Level
3. Advanced Level
4. Final theses + Colloquium

1. INTRODUCTORY LEVEL:

The aim of the introductory stage is,

To give those applicants who are interested a first impression of the content and methods of Psychodrama and an insight into how it works. Then to ascertain if the applicant satisfies the requirements for the training and to help them decide if the course is suitable for them.

The applicant has to take the introductory seminar and where possible, a personal interview with the leader/s of the ensuing basic level course, which will concern motivation, prerequisites and also questions the applicant has.

The introductory stage is a total of 19 hours.

2. ELEMENTARY LEVEL:

2.1. Prerequisites for starting the elementary level training course

2.1.1. Participation in an introductory seminar combined with a recommendation from the leader to take the course;

2.1.2. An interview with the leader of the elementary level training group;

2.1.3. For candidates who hope to qualify as a Psychodrama Assistant on completion of the elementary training course:

2.1.3.1. General school-leaving qualification and at least the completion of a two-year vocational training course in a profession for which psychodrama training is a recognizable asset.

2.1.4. For training candidates who want to qualify as a Psychodrama Therapist on completion of the higher training course:

2.1.4.1. A degree in psychology (clinical branch) or medicine.

2.1.5. For training candidates who want to qualify as a Psychodrama Leader on completion of the higher training course:

2.1.5.1. A degree in a relevant subject/branch of higher education.

Exceptions to these regulations can only be made in highly unusual cases concerning specially talented and motivated candidates, and are only possible with the agreement of the Training and Education Commission of the member country concerned.

2.2. The elementary level course consists of:

2.2.1. The regular training group with 2 permanent leaders of 240 hours, with the main emphasis on self-experience, study of methodology and theory, process analysis and sociometrical processes.

2.2.2. Two extra special/method seminars of 18 hours

2.2.3. A large group seminar (30 hours) with participants from different elementary courses taking part. The aim of this is for the participants to learn the meaning and special features of large groups both in theory and practice.

2.2.4. Three extra theoretical seminars of 18 hours

2.2.5. Study in Peer-group meetings of 100 hours

2.2.6. The drawing up of three protocols

2.2.7. The giving of a paper in psychodramatic form in the training group

2.2.8. At the end of the elementary course an evaluation takes place within the training group, where the leaders decide if the qualification of Psychodrama Assistant can be awarded to the candidates.

The total duration of the elementary level is 470 hours

3. ADVANCED LEVEL:

- 3.1. Prerequisite for a place on the advanced training course is successful completion of the elementary course with a certificate as Psychodrama Practician.
- 3.2. The advanced level course consists of:
 - 3.2.1. The regular training group of 240 hours with the main emphasis on independent leadership including feedback and processing and an intensive study of theory and methodology
 - 3.2.2. Three extra special/method seminars of 18 hours
 - 3.2.3. Three extra theoretical seminars of 18 hours
 - 3.2.4. Study in Peer-group meetings of 100 hours
 - 3.2.5. The giving of a paper in psychodramatic form in the training group
 - 3.2.6. Practical application/s in the candidate's own professional field of 160 hours
 - 3.2.7. 90 hours Supervision of practical application/s, consisting of individual supervision (minimum 10 hours) and group supervision (minimum 60 hours)
 - 3.2.8. The drawing up of 15 protocols/documentations (a minimum of 3 from the training group)
 - 3.2.9. At the end of the advanced course an evaluation takes place within the training group, where the leaders decide if the candidates have completed the training course successfully.

The total duration of the advanced level training is 708 hours.

4. Final theses and colloquium:

To take part in the colloquium each candidate must present a final paper/project, which demonstrates a thorough understanding of the theory and its implications in practical situations.

Prerequisite for participation in the colloquium is the successful completion of the advanced level course and the successful presentation of the final paper. The colloquium takes place in a group format.

In the colloquium the candidate presents aspects of his/her final work in psychodramatic form and is then questioned by the group and the commission.

On successful completion of the course the candidate is awarded the certificate of Psychodrama Therapist or Psychodrama Leader.

The total duration of the training is 1,215 Hours.

Ausbildungsordnung / Training Standards

| Beschreibung / Description | Stunden / Hours |
|---|--|
| Zulassungsseminar / introductory seminar | 18 |
| Persönliches Interview / personal interview | 1 (wenn möglich / if possible) |
| gesamt / total | 19 Stunden / hours |
| Grundstufe / Elementary level | |
| konstante Gruppe / regular group | 240 |
| Sonder-/Methodenseminare / special seminars | 36 |
| Großgruppenseminar / large-group Seminar | 30 |
| Studium in Peergroups / Study in Peer-Group | 100 |
| Theorieseminare / theoretical seminars | 54 |
| Protokolle / protocols | 3 Protokolle / 3 protocols |
| Referat (psychodramatisch) / report (psychodramatic) | 1 = 10 Stunden / 10 hours |
| Grundstufe gesamt | 470 Stunden / hours |
| Oberstufe /advanced level | |
| konstante Gruppe / regular group | 240 |
| Sonder-/Methodenseminare / special seminars | 54 |
| Theorieseminare / theoretical seminars | 54 |
| Studium in Peergroups / Study in Peer-Group | 100 |
| Referat (psychodramatisch) / report (psychodramatic) | 1 = 10 Stunden / 10 hours |
| Praktische Anwendung /practical application | 160 |
| Supervision: | 90 Stunden gesamt / 90 hours total |
| - Einzel - / individual Supervision | mindestens 10 Stunden / at least 10 hours |
| - Gruppen - / group supervision | mindestens 60 Stunden / at least 60 hours |
| Protokolle /Dokumentation / protocols / documentation | 15 gesamt / 15 total mindestens 3 aus der Ausbildungsgruppe / at least 3 from the training group |
| Oberstufe gesamt | 708 |
| Abschlussarbeit / final paper | ja / yes |
| Kolloquium / Colloquium | 18 |
| Ausbildung gesamt / training total | 1215 Stunden / hours |